uMAT-R

A mobile app for adults who are recovering from opioid use disorder.

- Daily motivational messages
- Local resource directory
- Appointment reminders
- In-app messaging with a health coach
- Set goals & track progress
- Supportive information about pregnancy, parenting & recovery
- Social networking
- And MUCH MORE!

Earn up to $100 in gift cards for participating in our study

For more information about the research study, talk with your provider or email us at: behealthy@email.wustl.edu

Washington University in St. Louis
School of Medicine

Scan to learn more!